

# BENIN 2015



Travelling  
ecologically  
and  
responsibly





## What is Benin?

A real mosaic of fifty ethnic groups, Benin is a unique destination, a country that remains attached to its customs and ancestral beliefs, such as voodoo. We will discover there typically tropical fauna and flora and an enthusiastic welcome.

## What is travelling ecologically and responsibly?

Travelling ecologically and responsibly is not humanitarian aid. It is the pleasure of discovering a fascinating country, its people and its environment. It is an immersion into a new culture, another way of life, meeting people, and cultural exchanges.



## Eco-Benin, who is it?

A pioneer of ecological and responsible tourism in West Africa and with 15 years' experience, Eco-Benin offers tours to meet the locals combining local development and biodiversity conservation.

The NGO uses community-based ecotourism as a pillar of economic development of the villages that provide themselves the management of tourism activities. Professional sector, Eco-Benin coordinates a team of twenty people, the organization of each of the trips.

Eco-Benin is member of several national and international associations of fair and responsible tourism.

In each of the villages we visit, the people give us an enthusiastic welcome and provide accommodation, catering and guides. Thus they benefit directly from additional income.

Part of the amount paid locally by the travelers [between 10 and 25%] is paid

to the village associations, who use it for joint large-scale projects such as the construction of wells, providing schools with electricity, the preservation of their cultural and natural heritage, support for local production... for the benefit of all.

Each tour includes the participation in a Carbon offset Action: in the South, planting mangroves to assist the reproduction of fish in lakes and lagoons, while reducing the greenhouse gases [CO<sub>2</sub> 12 tons/hectare/year]. In the North, promoting improved cookstoves reducing the consumption of firewood (60% of wood energy) and the fight against deforestation and desertification.

Travelling with Eco-Benin responsibly is to discover our host country and its people, while respecting its nature and culture. We experience other ways of life, of eating, visiting and laughing, and we can enjoy a more pleasant climate and environment.



## What travel programmes?

Tours available to everybody, either standard programmes or individually tailored, with transport from airport to airport and local guides.

**Accommodation:** hotels, guesthouses, eco-lodges, holiday homes, homestay, bivouac...

**Transport:** public transport, private car with driver, jeeps in parks, canoes, bicycles and on foot.

**Meals:** made from local products (rice, maize, cassava, "fonio", avocado, yams...) with vegetables, meat, Fulani cheese, fish, eggs and seasonal fruits (pineapples, mangos, coconuts and papaya).

**Drinks:** mineral water included in the price; beer, fizzy drinks, "tchouk" or millet beer, "sodabi" or palm alcohol for an additional charge.

**Included in the price:** local transport, meals (breakfast, lunch, dinner), accommodation, visits mentioned, Carbon offset Action,

mineral water [3 liters per day per person], a guide from airport to airport.

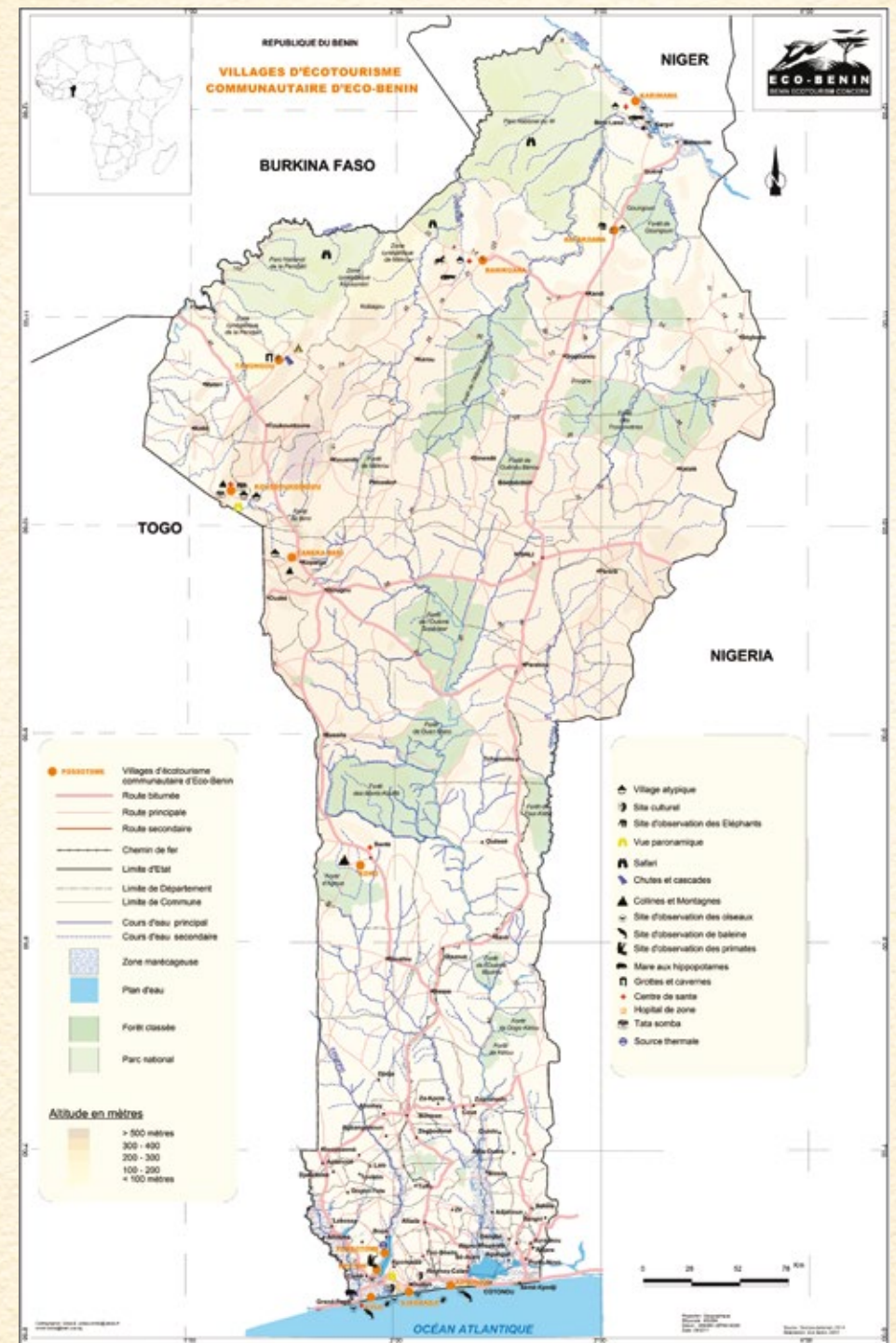
**Not included:** flight ticket, personal expenses, drinks (excluding mineral water), not mentioned trips, extra meals.

## Strengths

- Legendary welcome
- A life of music and parties
- 100% natural destination
- Living customs and beliefs
- Classified historical sites
- Pleasant temperatures
- A festival of colors, scents, flavors
- Unforgettable experiences
- A biodiversity and solidarity option

### Currency on may 2015

1 £ = 889 FCFA  
 1 euro = 656 FCFA  
 1 euro = 0,74 £



# Benin, the gourmet side



## Day1: Cotonou

Evening arrival at Cotonou International Airport and welcome by a member of Eco-Benin.

Tasting of local specialties. Overnight at hotel.

## Day2: Cotonou- Savalou

Cultural immersion session and travelling to the town of Savalou, which is located between the hills. Visiting the museum and tasting the culinary specialties «pounded yam with ground-nut sauce». Overnight at hotel.

## Day3: Savalou - Koussoukoingou

Departure to Koussoukoingou, village of Atacora famous for its "Tata", genuine fortified castles built of adobe in the traditional way by the Betamaribe. Discovery of the village through the secret trip of the Tata. Stay at Otammari lodge or on the terraces of the traditional Tata.

## Day4: Koussoukoingou

Revive your cooking skills by trying out the culinary arts of the country! With the help of a seasoned caterer, cook a good traditional meal. In the afternoon, immerse yourself in the Otammari culture by participating in the making of Tchoukoutou, a local drink made of sorghum. Overnight at Otammari lodge.

## Day5: Koussoukoingou - Natitingou

Walk towards the river and lofts where previous generations took refuge during invasions. Back to Natitingou where we will visit a lively, very colorful market. Let yourself be tempted to some cloth or souvenirs. Overnight at hotel.

## Day6: Natitingou - Abomey

Departure for Abomey, the famous city of kings. An appointment with the history of the Danxomè Kingdom, founded in 1645, with a visit to the former royal palace

(listed as a UNESCO World Heritage site). Territorial conquests, resistance movements, colonization, cults and traditions, all the historical aspects of the former Dahomey will be addressed in order to provide a better understanding of Benin today. Overnight at hotel.

## Day7: Abomey - Possotomè

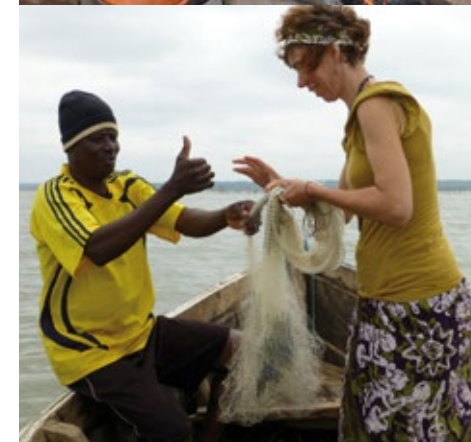
Tour of the underground cellars in Agonginto and departure to Possotomè, a village next to Lake Aheme. The Traditions and Culture circuit reveals the secrets of the village deities and will pass through the barter market in Sehomi, where we will be able to watch the exchange of food produce. An evening party with music and overnight at a lodge.

## Day8: Possotomè

On the lake, we shall throw the casting-net and discover the role of the Avlekete deity and the different fishing techniques. In the afternoon, we shall set out to discover the local culinary treasures and participate in the preparation of our dinner, step by step, getting stuck in. Overnight at lodge.

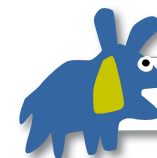
## Day9: Possotomè - Yondocodji - Avlo

Departure to visit Yondocodji to discover the market gardening and livestock activities, which provide the basic ingredients for food prepared in villages. Transfer to Avlo, a village in the middle of nowhere, hemmed in between the Mono river and the Atlantic Ocean, in a setting of beaches and coconut palms. Setting out for the Boca del Rio, where the river and the ocean meet. Revive your cooking skills by trying out the culinary art of the country. With whatever is available and the advice of a caterer, concoct a traditional meal with heady smells and enjoy your own delicious typical dish. Overnight at Avlo ecolodge.



## Day10: Avlo - Ouidah - Cotonou

Off in the direction of Ouidah to visit the history museum and to travel through the Slave Route to the point of No-Return, which is listed as a UNESCO World Heritage site. The circuit of Djessinou brings us to the heart of this village, where we shall watch the traditional manufacture of salt. Departure for Cotonou and visit to the craft center, followed by the transfer to the airport.



10 days - Prix 760 €/Pax  
From 4 Pax

# Benin Birds watching



## Day1: Cotonou

Evening arrival at Cotonou International Airport and welcome by a member of Eco-Benin. Overnight at hotel.

## Day2: Cotonou – Ganvié - Cotonou

Cultural immersion session and transfer by car and boat to the So-Ava swamps and to Ganvié, the Venice of Africa, built entirely on Lake Nokoue, in order to escape the enemy. Back to Cotonou and overnight at hotel.

## Day3: Cotonou –Parakou

Departure for Parakou, a cosmopolitan commercial hub, passing through a landscape of hills. Outing at the end of the day to see some birds of prey (lizard buzzard, black-winged kite and black kite). Overnight at hotel.

## Day4: Parakou – Tanongou

Arising early to watch the awakening of the mountain birds. Departure to Tanongou for the surprising discovery of the splendid village waterfalls, where it will be possible to swim. Overnight at homestay.

## Day5: Tanongou – Pendjari National Park

Departure for the magnificent Pendjari park, where we shall discover the wildlife, including many species of antelopes, elephants, buffaloes, and African marabous, crowned cranes, Abyssinian bucurves, giant kingfishers and a host of sparrows. Overnight at hotel in the very special atmosphere of the park.

## Day6: Park of Pendjari

We shall spend all day visiting the park to discover the birds of the region. Overnight at hotel in the park.

## Day7: Park of Pendjari – Koussoukoingou

In the direction of Koussoukoingou for a tour which could not be more cultural: we shall discover the adobe-fortified castles of the Betamaribe, the famous Tata Somba. Overnight at Otammari lodge or on the terraces of the traditional Tata.

## Day8: Koussoukoingou – Dassa

After listening to the birdsong at daybreak, we shall move on to Dassa, the town with forty-one hills, stopping on the way to

take in the breathtaking scenery. At the end of day a walk in the hills bordering the CPN (Know and Protect Nature) to discover other aspects of nature in Benin, such as the numerous butterflies. Sharing knowledge with local guides. Overnight at lodge.

## Day9: Dassa – Possotomè

Early morning observation of hill wildlife and then setting off to Possotomè on the edge of Aheme lake, with frequent stops to take out our binoculars and identify the various birds along the route. Walk around Aheme lake. We can watch the African cormorants grooming themselves on the branches.

Overnight at lodge

## Day10: Possotomè – Kpetou

We leave for the “lake tour”. On a boat on Aheme Lake, the Eco-guide explains the different fishing techniques used by the villagers. Departure to Kpetou where we shall plant mangroves to contribute to fish reproduction and the fight against global warming. Overnight at homestay or in tents at Kpetou.

## Day11: Kpetou – Avlo (Grand – Popo)

We shall rise early to begin the ornithological circuit of Kpetou before going by car, then by canoe to Avlo, a fishing village wedged between the river and the ocean. Overnight at the ecolodge where we shall be lulled by the lapping waves.



## Day12: Avlo

Departure to the Boca Del Rio for daybreak and see how the fresh water of the river meets the salt water of the Atlantic Ocean. It is an unique opportunity to discover the wetlands birds of the region. In the afternoon, an excursion based on local traditions and cultures is offered to us. Overnight at ecolodge.

## Day13: Avlo – Ouidah

Very early departure to discover the mangrove birds species in a small boat, from which we may quietly observe this extraordinary environment. Trip to Ouidah. We shall visit the museum which traces the history of slavery and we can go around the slave route to the point of No-Return, a UNESCO World Heritage site. We shall then follow the Djessinou circuit, which introduces us to the traditional techniques of salt preparation. Overnight at hotel.

## Day14: Ouidah – Adouanko – Cotonou

Departure to Cotonou by the fishing route, stopping at Adouanko village, where we shall have the opportunity to see many birds species. Visit to the Dantokpa market. Visit to the Arts and Crafts Promotion Center before the transfer to the airport.



14 days - 1550 €/Pax  
From 4 Pax

# Colors of the Southern Benin



## Day1: Cotonou

Arrival in the evening at the Cotonou Airport and welcome by a member of eco-Benin. Overnight at hotel.

## Day2: Cotonou – Ganvié

Cultural immersion session and visit to an artist's workshop or an exhibition at the Zinsou Foundation, a center of contemporary African art and crafts. Transport by a car and a canoe to Ganvié, the Venice of Africa. Stay at a guesthouse, soothed by the lapping of the waves of the lagoon.

## Day3: Ganvié – Abomey

Before daybreak, we shall visit the floating market of Ganvié, a mixture of sounds and surprising images, lit by candles and

oil lamps. We shall then head towards Abomey, the city of Kings, and we shall visit the amazing underground village of Agongointo. Overnight at hotel.

## Day4: Abomey – Possotomè

We shall go into the former Royal Palace of Abomey, central to the country's history and a UNESCO World Heritage site, and to the edge of Aheme Lake. After lunch at the beach in Possotomè, we shall discover the traditional use of healing plants and the preparation of food. An entertaining evening of legends with an overnight at lodge.

## Day5: Possotomè

We shall take a boat on Aheme Lake, with its changing colors, to share the fishermen

life for a while and trying to throw the casting-net. The voodoo circuit will reveal the secrets of the village deities. An evening of music and overnight at lodge.

## Day6: Possotomè – Kpetou

We shall follow the footprints of the Mona monkeys in the sacred forest of Kpetou and we shall be asked to replant mangroves, a Carbon offset Action which contributes to fight against global warming and contributes to fish reproduction. We shall take part in the women's activities such as mat-weaving and gardening. Overnight at homestay or in tents.

## Day7: Kpetou – Avlo

Travel by car and canoe to Avlo, a magnificent fishing village wedged between the Mono River and the ocean. A boat ride to the Boca Del Rio where the river flows into the Atlantic Ocean, with an opportunity to swim. Circuit to discover the village and its craftsmen in the afternoon. Overnight at ecolodge.

## Day8: Avlo – Ouidah – Cotonou

We shall leave for the famous city of Ouidah, the departure point of the slaves to the New World. Turned into a museum, the former Portuguese fort plunges us into one of the most significant moments in the country's history. We shall then follow the famous Slave Route used by those men, women and children in chains as far as the Gate of No-Return. Transfer to Cotonou; visit to the huge Dantokpa market and the Arts and Crafts Promotion Center. Transfer to the airport and goodbye.



**8 days - 610 €/Pax**

From 4 pax



# The Water Road



## Day1: Cotonou

Evening arrival at international airport of Cotonou and welcome by a member of eco-Benin. Overnight at hotel.

## Day2: Cotonou – Possotomè

Cultural immersion session and departure for Possotomè, a village at the edge of Aheme Lake. After tasting the cuisine at “Chez Prefet”, we shall travel through the picturesque villages on the edge of Aheme Lake and meet fishermen, farmers or breeders and voodoo adepts. Overnight at lodge.

## Day3: Possotomè

On the lake, we shall throw a casting-net and discover the role of the Aylekete divinity in the protection of the fish reproduction areas. A search for edible and medicinal

plants will be followed by a well-earned fortifying herbal tea.

## Day4: Possotomè – Kpetou – Avlo

In Kpetou, we will observe the flora and fauna of the sacred forest of the Mona monkeys. We shall arrive at the mythological island of Mitogbodji, a meeting-point of tropical birds, and take part in a Carbon offset Action by planting mangroves to fight against global warming. Transfer to Avlo beach, a village wedged between the river and the ocean, surrounded by magnificent coconut palms.

## Day5: Avlo

Walk to the Boca Del Rio, where the Mono River meets the ocean, with birds song and the lapping of the waves in the background. We shall swim in the lagoon and picnic

at the beach. Back to the ecolodge for a perfectly relaxing evening, and after dinner, a good night's sleep.

## Day6: Avlo – Ouidah

We go to Ouidah, departure point of the slaves to the New World. Turned into a museum, the former Portuguese fort plunges us into one of the most significant moments in the country's history. We shall then follow the famous Slave Route, a monument listed as a UNESCO World Heritage site. After that, we shall watch the manufacture of salt by the village women in Djegbadji. Overnight at hotel.

## Day7: Ouidah – Adounko

The Fishing Route takes us to Adounko village where we go through the fragile mangroves that are vital for biodiversity. The calm is disturbed only by the sound of birds. The “Cultural Face of Adounko” circuit lifts the veil a little on Voodoo, its divinities and its temples. Overnight at homestay.

## Day8: Adounko – Zinvie

Trip to the nature reserve of Statunga in Zinvie, a wetlands area conducive to rare animals and plants. On the programme: visit to a breeding (rabbits, ducks, chickens, ...) and fish farm; in the heart of the marshes, a search for the famous sitatunga, an endangered aquatic antelope, and dwarf crocodiles and the visit to the “green museum”. From the tops of trees over 350 years old, we can admire the lush vegetation. Stay at a bungalow or bivouac.

## Day9: Zinvie – Ganvié – Cotonou

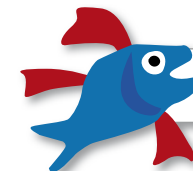
Trip to Ganvié, the famous Venice of Africa, where we shall visit the lakeside market. We shall walk around the village with its houses, schools and religious monuments on stilts, and see its sailing canoes. In



Cotonou, we shall visit the Dantokpa market, a riot of color and all kinds of activities. Overnight at hotel.

## Day10: Cotonou

In the fishing port, we shall watch the movement of the boats, the repairing of nets and selling of fish. After lunch, we go for a city tour, including a stop at the Arts and Crafts Promotion Center. Transfer to the airport and end of the holiday.



**10 days - 750 €/Pax**  
From 4 pax

# Safari in Somba country



## Day1: Cotonou

Arrival in the evening at the international airport of Cotonou and welcome by a member of eco-Benin. Overnight at hotel.

## Day2: Cotonou – Tanéka Béri

Cultural immersion session followed by a trip northwards to the town of Natitingou wedged between the hills of Atacora. A stop at Tanéka Béri is surprising: this village with huts nestled under the baobabs has retained all its authenticity: the traditional healers are dressed in simple animal skins and smoke a sacred pipe. Overnight at hotel.

## Day3: Taneka - Natitingou

After resting near the Kota waterfall and enjoy the magnificent view, we will go to visit the regional museum of Natitingou containing archeological remains, and exhibits relating to the beliefs, living conditions and socio-economic life of the peoples of Atacora. We will then visit the market full of activities, colors and scents. Overnight at hotel.

## Day4: Natitingou – Park of Pendjari

Trip to the famous Pendjari National Park for a safari which promises beautiful photographs of elephants, antelopes, lions, cheetahs, baboons, buffalos, hippopotamuses, warthogs, exotic birds. Overnight at hotel in the park - an unforgettable experience.

## Day5: Pendjari Park – Tanongou

After a last look in the savannah, we shall travel to Tanongou, a mountain village known for its magnificent waterfalls, so inviting for swimming and diving ... spectacular. We shall then experience the traditional local dances, which evoke fishing and hunting. Overnight at homestay.

## Day6: Tanongou – Koussoukoingou

We shall participate in the manufacture of improved cookstoves, which are more economical and more ecological. They make it possible to reduce the quantity of wood purchased, to limit diseases related to smoke inhalation, and they contribute to

the preservation of the nature... We shall visit Koussoukoingou, a village of Atacora known for its Tata, or real adobe-fortified castles. Overnight at Otammari lodge or on the terraces of the traditional Tata.

## Day7: Koussoukoingou

Walk towards the river and the lofts where previous generations took refuge during invasions. Discovery of the lifestyle of Betammaribe peoples and their exceptional know-how regarding the building of the Tata, an ingenious blend of aesthetics and functionality. Overnight at Otammari lodge or on the terraces of the Tata.

## Day8: Koussoukoingou – Dassa

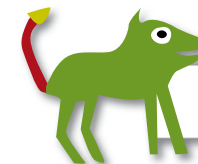
At Kamate Shakaloke (Dassa), we shall climb to the top of the hill to gaze at the hilly landscape and delve into the past of the Shakaloke people, renowned for their healers. We shall settle in at the CPN (Know and Protect Nature) refuge, with a meal in the hut and accommodation on the spot.

## Day9: Dassa – Cotonou

Discovery of the traditions and local lifestyle, and introduction to its divinities, fetish tree and some medicinal plants. We shall meet the women who make soap, crush stones, and toil in the fields. Back to Cotonou and overnight at hotel.

## Day10: Cotonou

Visit to Cotonou, the economic capital, including a visit to the Zinsou Foundation dedicated to contemporary African arts and crafts. We shall eat a Benin-style lunch in a "maquis" (working-class restaurant) and visit the huge Dantokpa market and the Arts and Crafts Promotion Center. Transfer to the airport and departure.



10 days - 875 €/Pax  
From 4 pax



# Benin - Togo without border



## Day1: Cotonou

Arrival in the evening at the international airport of Cotonou and welcome by a member of Eco-Benin. Overnight at hotel.

## Day2: Cotonou –Ouidah

Immersion into the Beninese culture, contemporary African arts and crafts of the Zinsou Foundation and at the Arts and Crafts Promotion Center. We leave for Ouidah, one of the departure points of slaves to America, to remember those forced to leave. The museum is a renovated former Portuguese fort. We shall then follow the Slave Route as far as the Gate of No-Return, listed as a UNESCO World Heritage site. Overnight at hotel, with trip to the beach or the swimming pool.

## Day3: Ouidah – Possotomè

Trip to Possotomè to meet the Houeda people. A local guide will introduce us to the divinities, temples and voodoo rituals

of the village before inviting us to visit the craftsmen and the barter market. Dinner at “Chez Prefet”, who is an outstanding head chef. Overnight at lodge.

## Day4: Possotomè

We shall go out on Lake Aheme to see at first hand the villagers’ fishing techniques, approach the Avlekete divinity, which watches over the preservation of the fish reproduction areas, and maybe even meet... the only one hippopotamus in the lake. Possibility to swim. Free time to stay at the lake or at the thermal spring. Overnight at lodge.

## Day5: Possotomè – Grand-Popo

Trip by car and by boat to Grand-Popo and Avlo beach. Through the mangroves, we reach the Boca Del Rio, where the Mono river flows into the ocean. A picnic of gambas. The tour of Avlo beach will reveal the hidden face of the village: family

life, lucrative activities, the voodoo cult. Dinner prepared by the local caterers and overnight at lodge.

## Day6: Grand-Popo –Kpalime (Togo)

We shall head for the town of Kpalime, about 120 miles from Lomé in Togo. We shall visit the market, the arts and crafts center and the colonial remains, followed by a stop at a “maquis” (working-class restaurant). We shall then pass through one of the most luxuriant countryside areas to reach the waterfalls of Kpalime or Wome. Overnight at hotel.

## Day7: Kpalime – Kouma Kounda

A walk on Agou Mount, the highest point of Togo, at 938 metres. The guide will fill us in on his knowledge of the local countryside and culture. We shall discover the daily life of the Ewe people centered on agro-forestry. Our walk will bring us through small villages perched on the mountain. Overnight at guesthouse.

## Day8: Kouma Kounda

We shall climb up Kloto Mount for a safari to discover the flora and fauna. It is Prosper Papillion, a famous entomologist and naturalist, who will begin the walk. We shall feast our eyes on the surroundings. A walk around the village will end with music, dance and traditional cuisine. Overnight at guesthouse.

## Day9: Kouma Kounda

Introduction to plant-based painting. We shall go into the forest with a specialist in the harvesting of the plants necessary for the manufacture of basic colors. Our workshop will be inspired by the nearby waterfalls and stimulated by a picnic. Overnight at guesthouse.



## Day10: Kouma Kounda – Lomé

At Lomé, we shall visit the large market of the “Nana Benz”, who are real businesswomen, and the surprising fetish market. Relaxation on the beach. We shall be accompanied to Lomé airport for the final departure.



**10 days - 905 €/Pax**  
From 4 pax

## Artistic Exchanges



Taste African life under a warm sun, plunge into surprising countryside at the edge of a lake or the ocean, with mangroves and coconut palms, discover the rites and customs of voodoo, meet men and women who are different yet similar, take the time to live... But also capture the movements, sound and colors through painting, photography or video, make a herbarium of exotic plants, meet the local artists, learn music or wickerwork, and participate in the urban atmosphere as a villager... We create our journey in an African framework and rhythm, in accordance with our sensibilities and in tune with the people we meet. We devote some time to discovering places and villagers, and other times to our preferred activities. The range

of landscapes covers an infinite number of shades: the ocean and its rows of coconut trees, the lagoon lined with mangroves, the lakes surrounded by villages, the green, undulating hills ...

The trips are accompanied by birdsong and the fragrances of unfamiliar flowers. The markets surprise us with their hustle and bustle, the religious ceremonies by their liveliness. The craftsmen, painters, sculptors, musicians are all prepared to share their practical experience.

**10 days - 950 €/Pax** From 4 Pax

## Solidarity caravan



It is an unique way to travel responsibly in West Africa, discovering its natural and cultural resources, geared towards projects and achievements of the local populations. Every two years, (more precisely in November), campers will discover, in Benin, the sites of Possotomè, Avlo, Camate, Koussoukoingou and Tanongou; in Togo, Aneho, Kpalime, Atakpame, Sokode and in Burkina Faso, Tiebele, Bobo-Dioulasso, Laongo and Ouagadougou. A dream come true! It is another way to travel, with an ecological

and solidarity option: it contributes to the preservation of the biodiversity of the visited places, as well as boosting the income of the people interviewed. It combines pleasant and useful activities and promotes rewarding mutual exchanges. The programme includes workshops on challenges such as heritage preservation, protection of the environment, sustainable energy, water and waste management, the key role of women, especially in income-generating activities.

To reduce the impact of this expedition on the production of greenhouse gases, various measures have been taken, including providing transport by minibus and the planting of mangroves that absorb significant amounts of CO<sup>2</sup> or construction of improved cookstoves.

**15 days - 1 100 €/Pax** From 10 Pax

## The 10 commandments of ecotourism



Whether you're travelling on business, pleasure or a bit of both, all the citizens of the world, current and future, would be grateful if you would respect the ten commandments of world travel:

1. Respect the frailty of the earth. Realize that unless all are willing to help in its preservation, unique and beautiful destinations may not be here for future generations to enjoy.
2. Leave only footprints. Take only photographs. 'No graffiti! No litter! Do not take away 'souvenirs' from historical sites and natural areas.
3. To make your travels more meaningful educate yourself about the geography, customs, manners and cultures of the region you visit. Take time to listen to the people. Encourage local conservation efforts.
4. Respect the privacy and dignity of others. Inquire before photographing people.



5. Do not buy products made from endangered plants or animals, such as ivory, tortoise shell, animal skins, and feathers.

6. Always follow designated trails. Do not disturb animals, plants or their natural habitats.

7. Learn about and support conservation-oriented programs and organizations working to preserve the environment.

8. Whenever possible, walk or utilize environmentally-sound methods of transportation. Encourage drivers of public vehicles to stop engines when parked.

9. Patronize those (hotels, airlines, resorts, cruise lines, tour operators and suppliers) who advance energy and environmental conservation; water and air quality; recycling; safe management of waste and toxic materials; noise abatement; community involvement; and which provide experienced, well-trained staff dedicated to strong principles of conservation.

10. Encourage organizations to subscribe to Environmental Guidelines.

Travel is a natural right of all people and is a crucial ingredient of world peace and understanding.

With that right comes responsibilities. We encourage the growth of peaceful tourism and environmentally responsible travel.



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